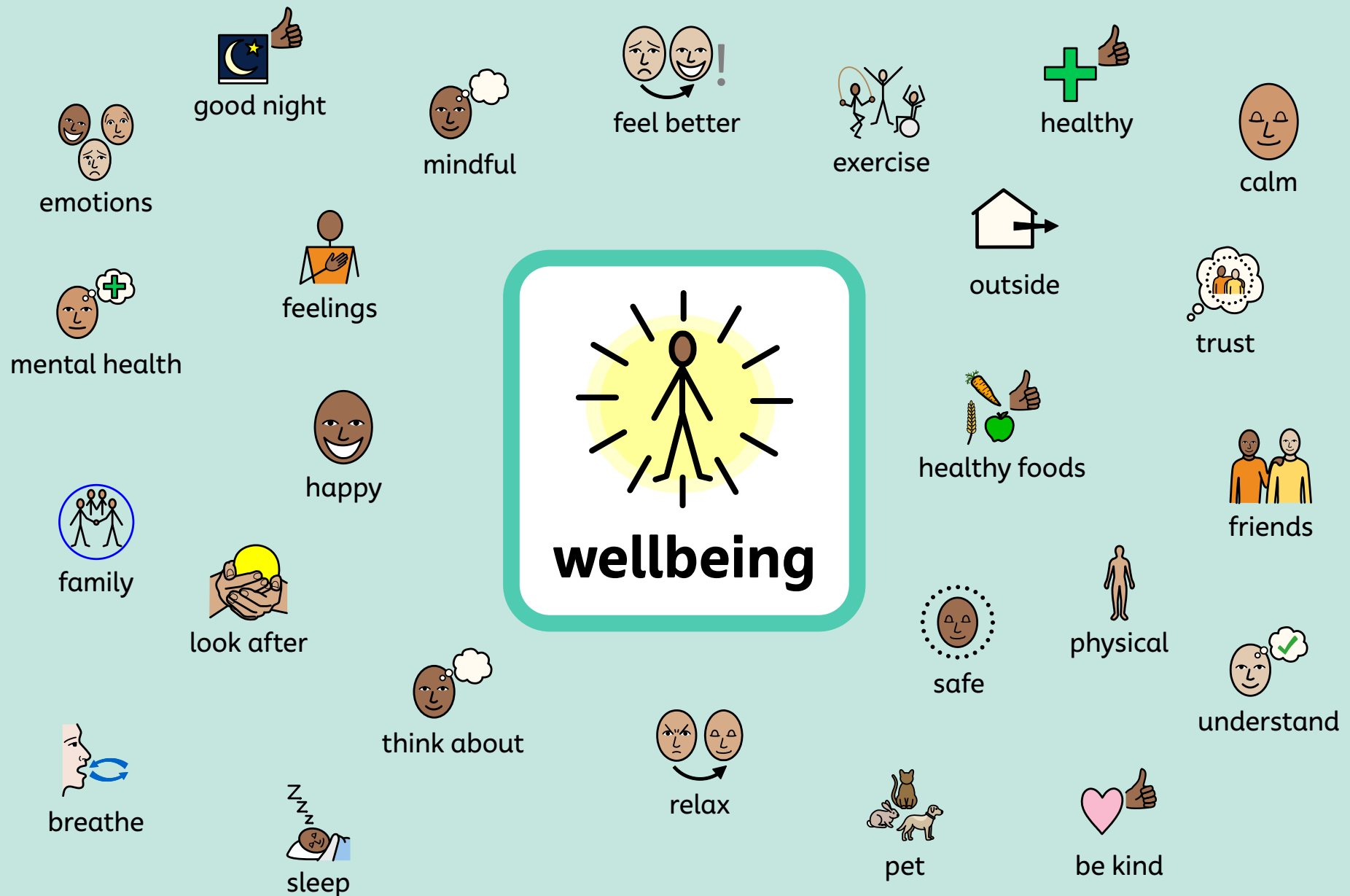
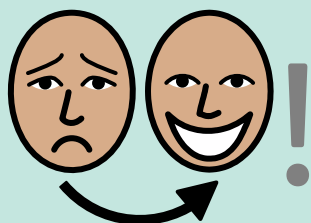






feel better



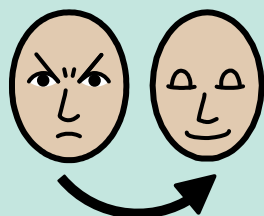
family



exercise



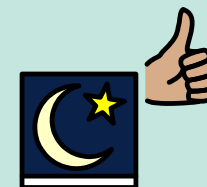
friends



relax



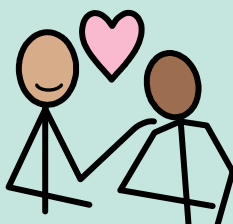
wellbeing



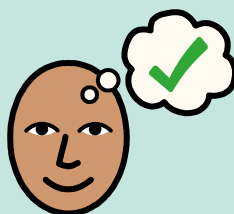
good night's



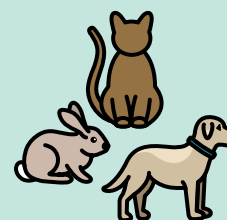
sleep



kindness



understanding



pets



healthy food